# **Star Smiles News**

A Publication of Mosquera Orthodontics







## **These are Mosquera Smiles**

I have a Mosquera Smile.

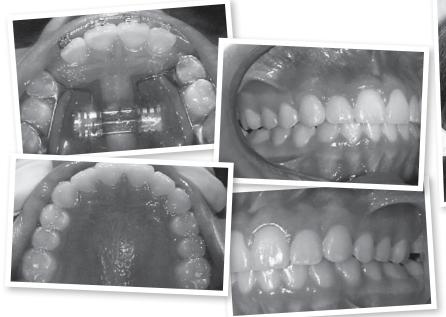
BY DR. ARTURO F. MOSQUERA

Many years ago a patient's mother told me, after I finished her daughter's treatment, I should make t-shirts that read "I have a Mosquera Smile". This was Christina Alvarez' idea and I will always be grateful for her suggestion. Vanessa, Christina's daughter, was a patient of Dr. Luis Llamas who, over the years, referred many of his patients to my office. In addition to being her dentist, Dr. Llamas was a very close friend of her parents', Dr. Jose Alvarez and Christina. Vanessa was one of my patients for whom I was able to achieve an outstanding result without extracting any of her teeth. This was not an easy case to achieve such an excellent result, but she was an excellent cooperator with a headgear. Both, the mother and the daughter were elated with Vanessa's smile. She has the most beautiful smile and face! She is an example of my Winning Smiles! We also had the pleasure of treating Vanessa's brother, Joey, who was a classmate of my

son Arturito at Belen. It was always a ton of fun when Joey and Arturito coincided in their orthodontic appointments at the office.

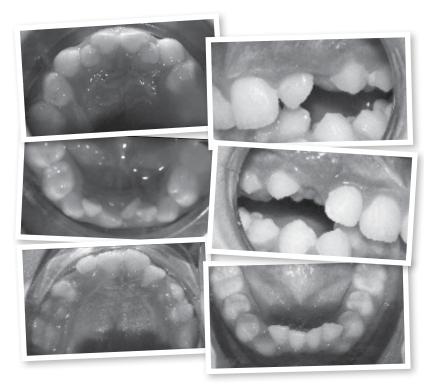
I will always be extremely grateful to Christina's husband, Dr. Jose Alvarez, who was a renowned vascular surgeon before his untimely death, for trying to help my father with the poor circulation on his leg from diabetic complications and the ensuing gangrene in his foot. God bless him and his family for he was an incredible physician with a wonderful heart!

Dr. Llamas has been a great friend and supporter of our practice since the beginning. He has recently sold his practice and plans to retire in the near future. He provided excellent treatment over the years to our three children and many other children in our family. I also have had the honor





Michelle Carreras, pre and post treatment photographs.





Edward Rodriguez, pre dentofacial orthopedic treatment and pre orthodontic treatment.

to perform the orthodontic treatment of the children of many of his close friends and several of his family members. We wish him continued success! Liza and I will always treasure his friendship and that of his wife, Lissette.

I will always remember fondly Michelle Carreras, one of the patient he referred about twenty years ago, who could not have any extractions because her face would be adversely affected. Because of the severe crowding, Dr. Llamas told me it was impossible that I could do her orthodontic treatment without extractions. I called him afterwards to "brag" about the fact that the mission was accomplished! Recently, he lost another "bet" with me in a similar case with one of the Rodríguez family members, Edward, in that he felt I could not fit his teeth in his mouth without extractions also because of his severe crowding. When we achieved the result we wanted, I called

him and he was amazed at the outcome obtained. I will miss working with Dr. Llamas dearly and the challenges he provided me personally for some of his most difficult patients.

It is not easy unless an orthodontist has excellent expertise in his field to provide such outstanding results. I am proud to have received a Master of Science in Orthodontics (Dentofacial Orthopedics) from the University of Tennessee in 1982 and being a Diplomate of the American Board of Orthodontics in 1994. Through rigorous training, examinations and continuing education, orthodontists can achieve great outcomes for their patients. We are blessed for the confidence Dr. Llamas placed in us and the Star Smiles we created for his patients! We are forever grateful!





# **Thirty Years of Private Practice**

It has been a wonderful journey.

BY DR. ARTURO F. MOSQUERA

This issue of Star Smiles News marks the date back in the Fall of 1982 when I began my private practice of orthodontics in South Florida 30 years ago.

It has been a wonderful journey having the privilege to provide treatment to so many patients, including many dentists and their families, and positively affecting their lives with beautiful smiles and faces and improving their dental health. I have cherished the opportunity to make lasting friendships with families that have received our specialty care.

In the last issue we featured the Rodríguez family that, thus far, is a record for six members of an immediate family receiving orthodontic care at our office. However, I am also particularly proud of having treated many families with five, four, three and two members of their immediate families, not to mention countless members of their extended families! It has been wonderful to treat many fathers and sons, mothers and daughters, brothers and sisters, etc. I am very grateful for the confidence and trust that has been placed in me and my staff.

It has been absolutely magnificent to provide dentofacial orthopedics to patients as young as five years old and orthodontic treatment to adolescents, young adults, adults and even patients of advance age with the oldest being 89 years old.

Another fascinating part of my practice has been to have patients seek my services from places throughout the state of Florida, ranging from the Florida Keys, Homestead, Kendall, West Kendall, Miami Beach, Aventura, Miami Lakes, Hialeah, Pembroke Pines, Ft. Lauderdale, Weston, West Palm Beach, Orlando and Tampa. I have also had patients travel from New York, Massachusetts, Chicago, Texas and California within the United States, and international patients who have come for my care from places as distant as Peru, Mexico, Venezuela, Argentina, Panama, Guatemala, Great Britain, Grenada and Bahamas. Usually the patients that have traveled long distances were not able to receive my level of expertise care in their local communities.

Also, it has been fun to see the families over many years and watch boys and girls grow into young men and women! The honor to treat many second

and third generation patients has been extremely rewarding as well!

Additionally, new technology has allowed me to provide even better treatment with superior result over what was once possible. We routinely avoid the extraction of teeth and achieve better smiles and faces! Before, I was to achieve this in a limited number of cases through heroic efforts to avoid the undesirable consequences to the face. Sometimes just the opposite is true, extractions in the proper situations, combined with headgear, can achieve a better face. An outcome that emulates "plastic surgery" may be attained with excellent diagnosis and orthodontic treatment .

Another rewarding treatment, which is very satisfactory, is for patients suffering from TMJ (temporomandibular joint) problems. As an orthodontist, I am very knowledgeable in the masticatory system and how to help patients get well overcoming destructive habits.

Finally, a fascinating part of the practice centers around patients with jaw deformities that require major surgery in combination with orthodontics. It has been exciting to have these patients restored to a normal bite so they may chew food comfortably and effectively. Great orthodontic results avoid detrimental dental health consequences. It enhances the facial features providing harmony and beauty.

The last issue of Star Smiles News was dedicated to all my patients, past, present and future as part of the 30 year celebration. It would not have been possible without their individual effort, cooperation and the support from their families. Thank you!

Last, but not least, it has been wonderful to be part of the team, along with the great dental professionals who have also had a great deal of trust and confidence in our practice. Without their enthusiasm for our office we would not be the practice we are today! Thank you!



It was a special day when Dr. Mosquera placed braces on Dr. Rosemarie Baró, who has been practicing general dentistry in Miami since her graduation from the University of Florida in 1998.

BY LIZA MOSQUERA

For the greater part, our relationship with the Baró family goes back to 1985 when a group of dentists from CEOLA (Club de Estudios Odontológicos Latino Americano), a renowned dental study club in Miami Dade County, traveled to Europe in a tour of several countries. There were over twenty five dentists. Many were accompanied by their spouses and several brought their children along. Dr. Carlos Baró and his wife, Isabel, traveled with their children, Carlos, Raphael and Rosemarie. My husband already knew Dr. Carlos Baró since 1982 from the regular monthly meetings of the study club, but neither he nor I had met the rest of the family.

My husband and I had two very young children whom we did not take on the trip. We highly enjoyed the company of the other doctors who were much older than we. It was our first opportunity to really get to know them well, outside of professional meetings and their private offices. Some of them were incredibly funny and kept us entertained during the bus journey through France, Switzerland, Italy and Spain. The trip was a bargain because of the strength of the US dollar compared to the European currencies at the time. Thus, it was loaded with every activity imaginable.

We arrived in Paris and were greeted with a dinner boat tour in the Seine river. It was there that we first met Rosemarie. She and the daughter of another dentist adopted me as their big sister. I was twenty five at the time, but looked even younger. The girls hung out with me whenever they could.

Upon our return to Miami, Dr. Carlos Baró brought his son, Carlos, for Dr. Mosquera to render a second opinion on the orthodontic treatment the adolescent had to undergo for his severe crowding. Another orthodontist had recommended extractions of teeth and my husband felt this was contraindicated in Carlos' case. He advised his father that orthopedic expansion of the upper jaw bones would obtain the necessary correction of the narrow palate and solve the space problem. Dr. Baró placed his confidence in Dr. Mosquera and soon thereafter brought his other son, Raphael, for his orthodontic treatment as well. He was appreciative of Dr. Mosquera's knowledge and expertise and began referring all his patients in need of orthodontic therapy to our office.

Following Dr. Rosemarie Baró's successful completion of the State Board Exam, she began practicing in her father's dental practice and assumed all the responsibilities after his retirement. She herself developed a professional relationship with Dr. Mosquera, referring him her patients. For the last fifteen years Dr. Mosquera has thoroughly enjoyed working with her and her wonderful patients!

Recently, Dr. Mosquera was amazed to hear a funny story from Rosemarie about how she felt neglected by her parents for not having brought her to him for orthodontic treatment. She thought her two brothers, Raphael and Carlos, received the excellent result of their smiles and she was jealous. The problem was that Rosemarie had a nice smile and her teeth were not very irregular, but rather straight. Dr. Mosquera offered to examine her teeth and found she had a problem with her bite and that she also had sufficient need to align some of the mild rotations in her teeth. He proposed placing her braces and taking care of this so she would no longer feel "left out." She was thrilled!

However, she was not so elated at what Dr. Mosquera told her would be necessary, in addition to the braces, for any attempt to achieve the optimum ideal result. Because her open bite problem is the most difficult of all orthodontic problems to correct due to the involvement of the tongue, she would require a tongue guard with spurs to be placed in the upper arch. She also would need to use a headgear twelve hours daily to control and be an aid in closing her anterior open bite. She was not happy about this, but agreed since she knew it would be the final effort needed.

Dr. Rosemarie Baró has been a excellent patient, but the open bite was not closing. Dr. Mosquera recommended placement of additional tongue spurs cemented on her lower anterior teeth. This was the first time he has performed this innovative technique of "double spurs" on both arches on a patient, but felt it could be successful, given his observation of how her tongue was being placed underneath the upper tongue guard. It seems to have worked and her open bite is closing. Now, Dr. Mosquera is the one who is thrilled! It has been an honor for him to perform Dr. Baró's orthodontic treatment.

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# Mosquera Collection Selected for the Inaugural Exhibition at Broward College New Gallery

*The Mosqueras' Passion for Educating and Collecting Contemporary Art.* 

BY RAISSA SOLER

Early in 2012, Harumi Abe, Gallery Director for Broward College Central Campus Fine Arts Gallery, approached Liza and Dr. Mosquera regarding the possibility of lending art works from their collection for the inaugural exhibition of what would be their New Gallery. The Visual & Performing Arts Department at Broward College has had a history of presenting works of exceptional artistic quality since 1960.

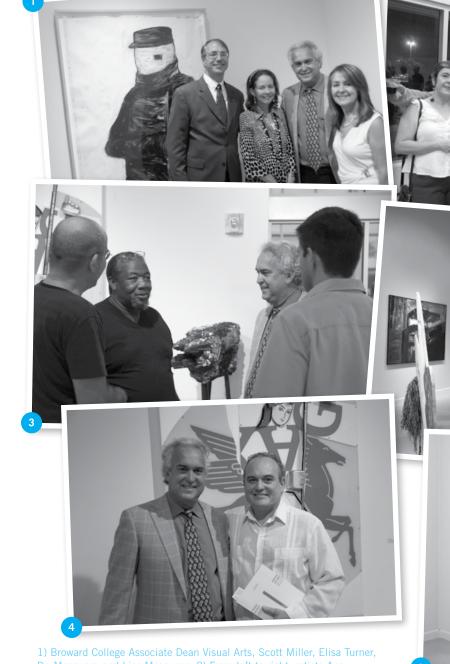
Abe partnered with Broward College art history professor John Kaufman on cherry-picking through the collection and arrived at the final selection of the art pieces for the exhibit. The arduous task of photographing and compiling all the information on the works for the publication of a full color catalogue began immediately thereafter. This was quite an undertaking by the College and the end result was a remarkably well done publication.

The Persistence of Memories: Selection from the Mosquera Collection, was on view from August 27 through October 10, 2012. This exhibition highlighted forty one original works by thirty two artists; many of whom

have worked or continue to do so in Miami. It included painting, drawing, sculpture, installation art, and video spanning the years from 1981 to 2010. The selection of the works presented unveils the Mosqueras' commitment to contemporary art as well as the depth and repertoire of their passion.

New Gallery director Harumi Abe said the Mosquera exhibit – the new gallery's inaugural show – is a perfect "get" for the campus, whose students are unlikely or unable to trek south of the Miami-Dade County line. "I was looking for some well-known names in this exhibition to christen the new gallery," Abe shared. "These artists represent South Florida, and it upsets me a lot that students don't have an opportunity to go down south more often. I think our show will contribute to their education a bit."

Masterfully designed by Erika Morales and Julian Martin of Lemon Yellow, the beautiful 47 page catalogue contains an extraordinary introduction by art critic Elisa Turner titled *Mosquera Collection*. In her writing Ms. Turner expresses that the artists represented in this exhibit



1) Broward College Associate Dean Visual Arts, Scott Miller, Elisa Turner, Dr. Mosquera and Liza Mosquera. 2) From left to right: artists Ana Albertina Delgado, Glexis Novoa, Adriano Buergo, Jorge Pantoja, Ernesto Oroza and Pedro Vizcaino at the New Gallery lobby. 3) Artist Robert McKnight in front of his sculpture, *Atomic Dog*, discussing his work with Dr. Mosquera and other guests. 4) Artist Pablo Cano with Dr. Mosquera in front of his collage painting, *St. George and the Dragon*.

"tell us just a part of the story of the expanding Miami art scene, which the Mosquera Collection has faithfully documented and nurtured since 1989, guided initially by critic and poet Ricardo Pau-Llosa". Elisa Turner additionally states in her text "For Arturo and Liza Mosquera and their children, Carolina, Arturo E., and Javier art collecting is indeed a family affair, a seamless activity linking home and work. Countless Miami artists, orthodontic patients, and art supporters have gained much from frequent chances to see thought-provoking contemporary art in Dr. Mosquera's business, Mosquera Orthodontics, especially when the pioneering Art@ Work exhibition program began in 2000".

The catalogue also includes an insightful essay, The Persistence of Memories, by art history professor and curator, John Kaufman. He writes that the artists in the Mosquera Collection "are trying to translate...

5) A view of the display of the artwork in the New Gallery. 6) Curators John Kaufman and Harumi Abe with Liza and Dr. Mosquera.

between utopia and dystopia. While they don't provide answers, they help us remember so that we are not trapped in doubt and inaction. We still tell our stories. We still construct our identities. We can still act and do something. The art in this exhibition points to these freedoms, while providing us aesthetic moments that remind us of our humanity".

The Persistence of Memories: Selection from the Mosquera Collection received critical acclaim and was well covered by the media in Broward and Miami-Dade counties. The many accolades received from art critics and artists made Liza and Dr. Mosquera very pleased to have lent their work for such an admirable exhibition. They are very proud to have shared this selection of their collection in an effort to inspire others and educate those who visited the exhibition and admired the works on display.

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PATIENTS IN THE NEWS DEDICATION

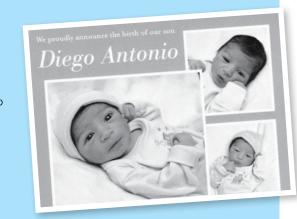
### **Future Mosquera Smiles!**

Dr. Mosquera Looks Forward to Giving Them Winning Smiles

Dr. Carolina M. Mosquera, Liza's and Dr. Mosquera's daughter, gave birth to Diego Antonio Cuadra on October 30th, 2013. She and her husband, Salvador Cuadra, are the proud parents of a 6 lb. baby boy.

Carolina was previously featured in Volume 1 Issue 7 when Dr. Mosquera dedicated Star Smiles News to his three children. Carolina herself was treated with orthopedics and orthodontics by her father and completed her brace treatment in her teenage years.

Since Dr. Mosquera does not plan to retire any time soon, provided God grants him good health, he is excited at the prospect of treating his grandson when the time comes.





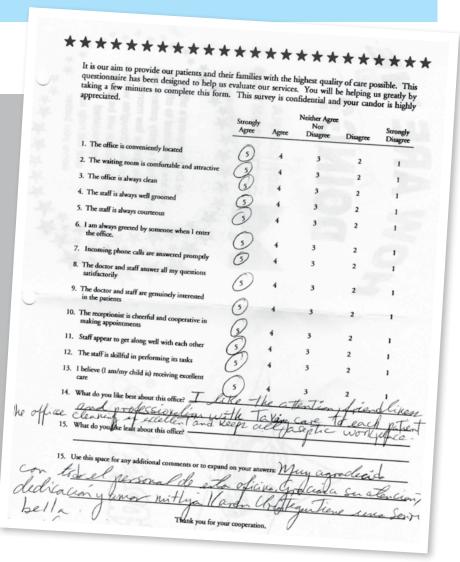
Our current orthodontic patient, Odette Alvarado, gave birth to a baby girl, Lucia Perdigón Alvarado. Lucia was born November 22nd, 2013 weighing 7 lb. 2 oz.

Odette is a patient of Dr. Carolina Mosquera and they coincided with their pregnancies, giving birth a month apart from each other.

Odette has been an incredible patient who previously had orthodontic treatment in Cuba and was not happy with the facial aesthetics resulting from that treatment. She was explained the problem of the protrussion of her teeth and agreed to undergo extractions with an additional two years of brace treatment. Odette was unfazed by her pregnancy and has been an absolute model patient.



Congratulations to our patient Monica Puig on an article published by ESPN Deportes regarding her professional tennis career. She is regarded as the new face of Latin American tennis. She was ranked 44th in the world for 2013.



### **Anniversary Dedication**

Years of Loyalty

This issue is dedicated to Dr. Mosquera's brilliant and talented staff

This issue of Star Smiles News is dedicated to exemplary past and present members of Dr. Mosquera's staff over the course of his 30 year career. Many of the most notable employees that are currently outstanding members of the staff are Liza C. Mosquera, the office manager for 30 years, Diana Santana, the clinical supervisor for 30 years, Raissa Soler, assistant office manager, financial coordinator and treatment coordinator for almost 20 years, Miriam Fernandez, laboratory technician for 17 years, Mayra Bruzón, orthodontic assistant for six years, Alina Díaz, sterilization technician for six years, and Yessenia Morales, our scheduling coordinator since May 2011. Two recent additions, which are part-time staff, include two talented young ladies, Xenia Caballero and Jessica Brito. With their commitment to service, these assistants make it possible for Dr. Mosquera's work to flow with ease so he may concentrate his expertise in delivering great treatment results. The knowledgeable team at Mosquera Orthodontics is the backbone of the practice.

We have also valued the contribution of many superb past members of our staff, including Josefina Pereira, Mayra Alvarez, Maggie Alvarez, Lourdes Barboza, Mercedes Cantillo, Zulma Duque, Cynthia Fuller, Ana Teresa Funcia, Jennifer Hoofard Larsh, María López, Yvelin Martínez, Yolanda Rodríguez, Yaima Valladares, Lizbeth Yela, Lissette Rodríguez, Pamela Contreras, Cynthia Hernández, Griselda García and Aurora Leal. Additionally, other members of our past staff that we want to acknowledge are Andrea Caro, Carolina Mosquera, Arturito Mosquera, Javier Mosquera, Pamelita Contreras, Rebecca Crespi, Lourdes del Valle, Stephanie Saltos, Yari Sandoval, Yarix Sánchez, Milagros Mouce, Elizabeth Escalona, Monica Osco, Olga Montalvo, Mari Espina, Mayela Vega, Sandra Estrada, Vanessa Herrero, Arelys Andrés, Matilde Rodríguez and Olga Menéndez.

Dr. Mosquera is forever indebted to his loyal and excellent staff members who have made his practice shine!

#### **Yessenia Morales**

Another One of Our Wonderful Staff Members.

I was born at Jackson Memorial Hospital in Miami on December 10th, 1992. Both of my parents were born in Nicaragua, emigrated to the United States, met and married in Miami.

As a child, I went to Mae M. Walters Elementary for my first and second grade. For the rest of my elementary education I attended Kensington Park. As a child I always loved babies, that is why a career as a pediatric or pre-natal nurse came to mind. Currently, I am studying at Miami Dade College.

Subsequent to attending Miami Jackson Senior High School for my freshman and sophomore years, I transferred to Miami Coral Park where I completed my high school education and graduated in May 2011.

Thanks to my Office Aide class at Miami Coral Park, I was offered a position as receptionist at Dr. Mosquera's office. The job was perfect since it was two minutes away from school and I have been part of the staff ever since.

After being part of Dr. Mosquera's team for a year, I decided that I had to improve my bite and obtain a Star Smile like those the doctor creates. So, I am currently in treatment with ceramic braces, but will be finished soon.

## **Graduates with a Star Smile**

l'hese are Mosquera smiles!

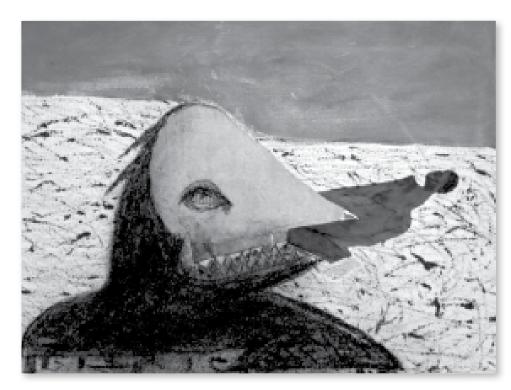
Carlos Fernández, Adrian García, Shakira Trabelsi, Madelain Roque, Sofia Carratalá, Justin Ferrer, Daian Daniel, Jorge Lorie, Jr., Ryan Navarro, Joshua Báez, Jennie Fortunato, Jennifer Lapeyre, Michel Mosquera, Jr., Abdiel Caballero, Claudia Valdés, Maria Victoria Hernández, Maria Caldwell, Adrian Mayans, Charles Reinberg, Miguel Grande, Lorena Avila, Angela Noriega, Mayte Cabada, José Hernández, Amanda Alfonso, Javier Martínez, Javier Oré, Lázaro Regalado, Paulina Bollat, Kinsley Rants, Félix Estrada, Rita Cabral, Laura Collazos, Kleiber Oliveira, Lizmarie Pacheco, Grabriela Jardines, Angel Mora, Rosario Parmigiani, Karla González, Raul García, Yamilet Hernández, Maria Roura, Daniel Bolaños, Romi Hernández, Berenice Guinaldo and Claudia Guevara

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ARTIST PROFILE ARTIST PROFILE



Audience, 2012, oil on wood, 17.5 x 23.5 inches



La bestia, 2012, mixed, collage on canvas, 16 x 22 inches

#### **Kristen Thiele**

A reception for the artist will take place at our office on Saturday, October 20th, 2012 from 7 to 9 p.m. You and your family are cordially invited to attend.

Fascinated by the individual elements that are signifiers of desirable life, in her latest body of work, Kristen Thiele deals with the settings, the dress, the accourrements, and the gestures that signify a desirable life, and the participation of people who activate these same elements as a form of ritual.

In Thiele's words: "My imagery is derived from the motion pictures of the 1930s and 40s. They align with the concept of artifice in their opulence and escapist themes. The paintings are about the fleeting, the missing, and the unattainable. As paintings however, they become things that may be attained. There is both the sense of distance in time, coupled with the immediacy of the new, as these concepts and images are reintroduced into our contemporary consciousness."

Kristen Thiele began her art studies at the University of Miami on a full tuition scholarship. Subsequently, she attended the School of the Art Institute of Chicago where she graduated with a BFA in 1995. Upon her return to Miami, she became a member of the ArtCenter South Florida on Lincoln Road in South Beach, where she held a studio until 2010. Thiele recently received her MFA from Miami International College of Art and Design. She currently co-runs and co-curates exhibitions with her father, Robert Thiele, in the Project Space located in the Bridge Red Studios Warehouse complex.

The artist has participated in numerous solo and collective exhibitions in the United States and abroad. These have included The Masterpieces, MIA Gallery, Miami, Florida; The Icing on the Cake, Kenise Barnes Fine Art. Larchmont, NY; Miami Meets Zurich, Galerie Daniel Tanner, Zurich, Switzerland; Time and Temp, Art and Culture Center of Hollywood, Florida; Open House, Farside Gallery, Miami, Florida; Masterpieces, Farside Gallery, Miami, Florida; Kristen Thiele, Galerie Daniel Tanner, Basel, Switzerland; Miami Contemporary Artists, Making a Scene, The Freedom Tower, Miami, Florida, BMG Annual, BLK/MRKT Gallery, Los Angeles, California; Eye Candy, The Art Gallery at Government Center, Miami, Florida; Solace, Liza Coscino Gallery, Monterey, California and Home Invasion, Miami, Florida.

#### **Julio Antonio**

A reception for the artist will take place at our office on Saturday, December 1st, 2012 from 7 to 9 p.m. You and your family are cordially invited to attend.

Julio Antonio is a Cuban visual artist born in Havana in 1950. He graduated from the prestigious San Alejandro Academy of Fine Arts and the Instituto Superior de Arte in Cuba. He has lived and worked in Miami since 1987.

The exhibit will showcase over twenty recent collages created from 2010 to 2012. These are complex and hauntingly beautiful artworks featuring Julio Antonio's unique style. In the artist's own words: "My work is based on the struggle between the conscious and the unconscious, the conclusive and the inconclusive, satire and tragedy, the poetic and the dramatic. In this series of works titled La isla sufrida (The Suffering Island), the collage technique helps me to break my usual technical approaches, and it requires me to improvise. That is where the fight for creation begins, the quest to attain a content that will never be pre-established and that, due to my obsession with the island, will always concur with one of the themes of the island that suffers."

The artist has participated in numerous solo and group exhibitions nationally and abroad such as Julio Antonio: The Art of Being in Exile, The Olga and Carlos Saladrigas Gallery, Belen Jesuit Preparatory School, Miami, FL; Iconos y leyendas, Durban Segnini Gallery, Coral Gables, FL: Imágenes y Comentarios, Museo de Arte Contemporáneo, Panama City, Panama; The Guilty, Fredric Snitzer Gallery, Coral Gables, FL; Unbroken Ties, Dialogues in Cuban Art, Museum of Art Ft. Lauderdale, FL; Cuban Art, the Art of Exile,

General Mills Corporation, Minneapolis, MN; Breaking Barriers, Museum of Art Ft. Lauderdale, FL; The Biennial of Ibero - American Art, Mexico City, Mexico; Recent Developments in Latin American Drawing, The Art Institute of Chicago, IL; Exhibition of Contemporary Cuban Artists, Tokyo, Japan and Salón Paisaje 82, National Museum of Fine Arts, Havana Cuba.

Julio Antonio's work is represented in several public collections including: Whitney Museum of Art, New York, NY; Miami Art Museum (MAM), Miami, FL; McArthur Foundation, Chicago, IL; Museum of Art Ft. Lauderdale, FL; Museum of Contemporary Art (MOCA), North Miami, FL; Museo de Arte Contemporáneo de Vélez, Malaga, Spain and Museum of Fine Arts, Boston, MA.

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MOSQUERA ORTHODONTICS

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